

# COUNSELOR'S CONNECTION

## ONAGA HIGH SCHOOL

Volume 48

LAURIE MCCLELLAND

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### ***Robert J. Dole Scholarship***

The University of Kansas Institute of Politics is sponsoring the Senator Robert J. Dole Public Service Scholarship Program. Up to forty \$1,000 scholarships will be awarded this year. The criteria are: to be a graduating high school senior from an accredited public or private high school in Kansas, maintaining a 3.0 GPA or higher on a 4.0 scale, involvement in a significant amount of volunteer community service projects or public service activities, enrolling no later than fall 2008 in a full-time undergraduate course of study at a Kansas Regents' University (KU, KSU, PSU, Ft. Hays, Wichita State, ESU) or Washburn University.

Application deadline is March 22, 2008, and forms can be gotten online at [www.sms.scholarshipamerica.org/senatordolepublicservice](http://www.sms.scholarshipamerica.org/senatordolepublicservice).

### ***USpeak Forum***

Kansas State University will be hosting the Inaugural USpeak Forum on Current Political and Social Issues, which will be held March 3, 2008. The conference is presented by the Blue Key National Honor Society, and is hosted by the K-State Student Union.

This is a brand new event and the first of its kind in Kansas. To promote youth involvement, USpeak aims to give Kansas high school students the opportunity to express their viewpoints and interact with their peers in an open forum on the most important political and social issues affecting their daily lives. The conference is intended for high school Juniors and Seniors, and will provide them with the opportunity to listen to talented presenters and learn from the experiences of their peers from around the state during small group discussions.

Space is limited and they encourage the students to respond quickly. The deadline for registration is February 18, 2008. Applications can be printed off from the Blue Key website at [www.k-state.edu/bluekey](http://www.k-state.edu/bluekey).

**Local Scholarships will be available  
February 25, 2008.**

### ***OEA Scholarship***

The Onaga Educators Association will award one \$300 scholarship to a graduating senior with at least a 3.0 GPA. The applicant must be in good standing with the school authorities, demonstrate a record of community concern and school involvement, and have no prior history of felony convictions. The scholarship may be used for any formal post-secondary program except vocational-technical schools. A preference will be given to a student going into education but is not limited to education majors.

Applications are available from Mrs. McClelland and must be returned to her by April 4, 2008. The award will be made at Onaga High School Commencement.

### ***Career Do's & Don'ts***

#### **Do:**

- talk to people about their career choices
- map out the steps to achieving the level you want to attain in each career path you attempt.
- work at a job in the field you are interested in to see if it feels right
- recognize that you may choose several careers in your lifetime

#### **Don't:**

- overlook internships or volunteer work
- limit your options because some of the academic requirements are not your strongest subjects
- be discouraged by job outlooks in a particular career; there's room for you if you want to do it
- get sidetracked by a job that won't help you reach your goals.

Also, remember that your decisions and plans are flexible. They are not set in stone. Expect to change them. The advantage to having a plan, though, is that you will continue to move ahead until you find the career that is right for you.

Succeeding in the World of Work

## **Freshman Summer Institute**

Students who have been admitted to the University of Kansas for Fall 2008 are invited to participate in the Freshman Summer Institute (FSI). FSI is a program that allows new students the opportunity to "try on" KU prior to their arrival in the fall. Through the program, students will take five hours of KU credit, live in the residence halls, and gain a better understanding of KU resources. This summer the FSI session is June 15-July 11. The application deadline is May 1, 2008, and all interested students should apply online at [www.advising.ku.edu/fsi](http://www.advising.ku.edu/fsi).

## **Grace University**

Grace University in Omaha, Nebraska has small class sizes, mentoring relationships with faculty, accredited degree programs and an emphasis on all aspects of a student's development---mind, body and spirit. Students thrive in an environment that engages them in their pursuit of knowledge, exposing them to new ideas and experiences---while they prepare for successful careers. In fact, their acclaimed Teacher Education Program prepares tomorrow's educator with an additional ELL endorsement. What's more, Grace integrates biblical study with their academic programs, which is very important to many students and parents. Discover the power of Grace. Visit [www.GraceUniversity.edu](http://www.GraceUniversity.edu) today.

**The Creative Center  
College of Art & Design  
Omaha, Nebraska  
OPEN HOUSE  
Saturday, March 1, 2008  
11:00 a.m.-3:00 p.m.  
1-888-898-1789**

## **KSU Women's Rowing**

Although K-State Rowing combines the best of both educational and athletic worlds, rowing is not a well known sport in Kansas. Therefore, they invite any seniors 5'9" or taller to find out more about rowing by making an official visit to their program. They encourage students to come and get an honest look at how their program works, what kind of facilities they have and what a Division 1 student-athlete's life is like---academically, athletically, and socially. K-State even has scholarships available to first-year athletes having no rowing experience. If you have questions, you can fill out their online questionnaire at [www.kstatesports.com](http://www.kstatesports.com). Mrs. McClelland also has more information that you can see.

## **Essay Scholarship**

The counseling department has received information regarding the Janice M. Scott Memorial Scholarship Fund. Mrs. Janice Marie Scott was a victim of the attacks by terrorists on September 11, 2001. She was among the 125 individuals that were killed in the Pentagon when terrorists commandeered and crashed American Airlines Flight 77 into that building on the morning of September 11. As a result, the family members of Mrs. Scott created this \$2,500 memorial scholarship to honor her legacy. They will award five of these.

This is an essay competition of 500-1000 words, focusing on "What do Freedom and Justice Mean" to me. The submissions will be evaluated on originality, content, thought-provoking ideas, innovation and concepts previously unpublished. You must be a high school senior enrolled in a 4-year college or university with a GPA of 2.5 or higher, and have demonstrated leadership abilities through participating in community services, extra curricular or other activities.

Applications and requested documents must be postmarked on or before the deadline of March 15, 2008. See Mrs. McClelland for an application.

## **ACT (school code & the CEEB code = 172-245)**

<b><u>Test date</u></b>	<b><u>Regular Fee (\$30)</u></b>	<b><u>Late Fee (\$49)</u></b>
4/12 .....	3/7 .....	3/8-21
6/14 .....	5/9 .....	5/10-23

### **...a Family Feud (continued)**

**PARENT TIP:** Discuss money now. Help your student find a job and open a banking account. Teach him how to use credit wisely so he doesn't impact his ability to get loans later on.

**Time bomb #3: Difficulties with details and deadlines** According to Michael Alexander, chairman of Student Financial Aid Services in Davis, California, "One error on the FAFSA could keep you from attending your college of choice."

Don't let that error be missing your school's financial aid deadlines. Check to see if additional financial aid forms are required by the colleges you are considering, and keep a calendar of deadlines in a prominent place.

If you need your parents to complete certain paperwork, let them know immediately. Don't wait until the last minute to ask for help. **PARENT TIP:** Your teen has a ton of work to do right now. Look for ways to lighten the load. Doing simple things like making copies, running to the post office or pulling information from a few web sites can demonstrate your support. Don't admonish them if they take a day off now and then...after all, they're human!

College is just around the corner, and the clock is already ticking. Make plans now so that a college education can become your reality. And remember, as hard as it gets, there are people available to help you every step of the way.

By Kristy Jackson The Next Step Magazine  
january/february 2008

### **Pizza Party**

## **Blue Valley Telephone Scholarship**

We have received information from Blue Valley regarding their scholarships. They have made revisions in the applications. Therefore, the packets will be mailed to schools on Monday, January 21. The due date to have them returned will be sometime in March. As soon as Mrs. McClelland's office receives the information, we will make it available to students.

## **Your Personal Traits as Work**

What do you think is the most important workplace skill? According to a recent survey, many employees believe it is "getting along with others at work." Whether you're working already or beginning to plan your career, you need to think about your relationships with coworkers.

If you develop good interpersonal relationships with your coworkers, you'll enjoy your time at work more. After all, think of all the hours you'll be spending together. In addition, you'll be able to do your job more successfully. By showing a willingness to cooperate with your coworkers, you'll probably receive their cooperation in return.

The personal traits that help you get along with others at your job are the same ones that help you at school or social situations.

\* *Responsibility*, including dependability and positive motivation;

\* *Self-esteem*, including confidence;

\* *Sociability*, including friendliness, enthusiasm, adaptability, and respect for other workers;

\* *Self-management*, including self-control and **tact**, the ability to say and do things in a way that will not offend other people; and

\* *Integrity/Honesty*, including loyalty and trustworthiness.

Working well with others can enable you to get jobs done more efficiently. By cooperating with others and doing your job well, you increase your opportunities to advance in your career.

Succeeding in the World of Work, 6th Edition

## **Who says you can't do it?**

Have you thought about how you are going to live your future if you allow yourself to believe that you do not deserve something better? You have a choice "To be or not to be". You can choose to become a person with a healthy and high self-esteem. Someone who is determined to grow and succeed and become more. Or you can choose to wither and atrophy until it is time for you to go. You can decide to influence or be influenced. You do not have to depend on other people's opinion. You can take advice but you make your own decisions. Remember that when you change, your relationship will change. Your confidence will grow. You feel better about yourself. Your self-image will grow. Your life will turn around. With a healthy self-esteem your motivation to act upon your goals becomes easier because you believe in you.

[about-personal-growth.com](http://about-personal-growth.com)

## **2nd Annual HCC 9-1-1 Day**

The 9-1-1 Emergency Communications profession is a constantly growing and changing field of employment. New technologies keep this a challenging and exciting field. Hutchinson Community College has the only enhanced live 9-1-1 equipment, allowing the student practical hands-on experience with the latest in communications. HCC will host their student field day on March 3, 2008, where you can participate in the exciting dynamics of 9-1-1 dispatching, and get first hand knowledge of 9-1-1 dispatching as a career. Space is limited, so register no later than February 25th at 1-800-289-3501 xt 4401.